



Welcome to my guidebook on spring cleaning, intended for the busy mommas of the world! Everyone loves to have a fresh home, but few have the time to accomplish a marathon session of cleaning. This book will guide you through activities you can accomplish in your home by devoting one hour of time each day to the tasks at hand. We will be concentrating on one room for one week at a time, breaking that marathon day of cleaning into a more comfortable time slot for a working or busy mother.

Supplied are one or two concentrated activities that you can work on in your focused room. We will offer tips and advice for cleaning that specific area, while saving you time and money with homemade remedies and organizing tips by using things from your own home.

After each of these activities, there is “extra credit” homework that you can work on. If this isn’t the time in your life where you can do any more than one hour, then skip these tasks and concentrate on the more problematic areas of your home. Remember that these are just suggestions and ideas to help you, not make you feel guilty!

However you end up accomplishing your tasks, I hope that you can use this book as a tool and that it will help you accomplish creating the clean space you have always wanted.

Please feel free to point others towards my website, MomAdvice.com, and share with them my spring cleaning tools. I ask only that you direct traffic towards my site and not share these materials through your own websites or blogs.

Thank you all for being so supportive of our efforts and I hope that this is a gift that can keep on giving for years to come!

Sincerely,

Amy Clark