



Grocery List (04.20.07)

Baking Supplies:

- Flour
- Sugar
- Salt
- Yeast (may or may not be available at Aldi)
- Vegetable Oil
- Olive oil

Condiments:

- Syrup
- Balsamic Vinegar
- Italian dressing
- Olives (green or black for Greek Chicken)
- Ketchup

Dairy:

- Eggs
- Milk
- Orange Juice
- 1 bag shredded cheddar cheese
- Sour Cream (for Stroganoff Skillet & Sloppy Joe Turnovers)
- Large biscuits

Produce:

- Garlic (jarred or fresh)

- Potatoes
- Garden salad mix
- Broccoli (if the fresh doesn't look good, substitute with frozen variety)
- Mushrooms

Canned Goods:

- 3- cream of mushroom soups (2 needed for Penne with Rosemary Chicken, 1 for Stroganoff Skillet)
- Beef broth
- 2-Chicken Broth (I buy the Fit & Active brand)
- 2-Diced tomatoes (for Tuscan Pork Chops & Greek Chicken dishes)
- Tomato sauce
- Artichoke hearts (packed in water)

Frozen:

- 2 packages boneless, skinless chicken breasts
- 2 pound ground turkey (Sloppy Joe Turnovers & Stroganoff Skillet)
- 1 package pork chops (I buy the center-cut type, but you can also try the assorted variety to save money)

Meat:

- Turkey Bacon

Pasta/Grains:

- Penne Pasta (if this is not available, sub with any short pasta)
- 2- Egg noodles
- Angel hair or thin spaghetti
- Rice

Drinks:

- Wine (need 1/2 cup white or you can substitute this ingredient with 1/2 cup chicken broth)

Spices You Should Have: Rosemary, Oregano, Basil, Garlic Powder, Oregano, Thyme